

## WAYS TO GET INVOLVED

*"My mentor really cares about me. At first I thought she was too old—but she's fun. I wish I could meet with her more."*

-Student, AP Giannini Middle School

- ◆ *Become a Mentor*
- ◆ *Donate in-kind services and supplies*
- ◆ *Recruit your colleagues to join!*
- ◆ *Host an event at your business*
- ◆ *Sponsor a school— your company could make a real difference*

*"I really want to help [my mentee] and I feel that I can make a difference in her life. She's going through a lot and I know that I can help support and encourage her."*

-Mentor, Visitacion Valley Middle School



*"My mentee's participation has been very positive. Up until this point, I have not seen him be involved in any after-school activities. Now, he looks forward to play practice and has made many new friends."*

-Mentor, Willie Brown College Preparatory Academy

*For more information please contact  
Erin Farrell or Laurie Vargas  
415-242-2615*

Mentoring for Success is supported by a grant from the US Office of Juvenile Justice and Delinquency Prevention

## BECOME A MENTOR

*"It's an amazing experience. First I was afraid about meeting the... time commitment—but it is really easier than you think."*

-Mentor, AP Giannini Middle School

- ◆ *Volunteer one hour per week*
- ◆ *Get connected to students*
- ◆ *Make a difference*

## STEPS INVOLVED

- ◆ To access the on-line application, visit:  
[www.healthiersf.org/mentoringforsuccess](http://www.healthiersf.org/mentoringforsuccess)
- ◆ Sign up for a New Volunteer Orientation through SF Education Fund

## FOR MORE INFORMATION

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[www.healthiersf.org/mentoringforsuccess](http://www.healthiersf.org/mentoringforsuccess)



San Francisco Unified School District  
Student Support Services Department

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## WHAT IS THE MENTORING FOR SUCCESS PROGRAM?

- A school-based mentoring program coordinated by Student Support Services Department and designed to build student assets to address academic achievement, attendance, positive behavior, and problem solving.
- The program is funded by the Office of Juvenile Justice and Delinquency Prevention to support students living in foster care and to reduce violence among San Francisco youth.



## Who are Mentors?

Mentors are adult volunteers who want to make a difference in the life of a child.

- SFUSD employees
- Community volunteers

All volunteer mentors must have proper clearance and a background check to mentor a student.



*Mentoring is a structured, consistent, and purposeful relationship between a young person and a caring adult who provides acceptance, support, encouragement, and guidance to promote healthy development and student success.*



## Goals

To enhance student:

- Attendance
- Academic performance
- Positive behavior
- Positive attitude toward school/learning
- Involvement in asset building activities
- Problem solving and conflict management skills



## What is the role of a Mentor?

The program focuses first on developing a consistent and trusting relationship. Matches then engage in a variety of enrichment and goal directed activities.

- Volunteer mentors meet one-to-one with students on campus weekly.
- Training, match support, and monthly activities nurture match relationships
- Participate in monthly group activities

*"The training was well designed. The depth and quality of the information was excellent, everything could be applied to not only my mentee but to my classroom as well."*

-Mentor, Aptos Middle School

## Benefits to Mentors\*

- Increased job satisfaction and feelings of self-worth
- Improved morale
- Fresh perspective on life
- Enhanced self awareness
- Health benefits such as greater longevity and less incidence of heart disease

\* The Health Benefits of Volunteering: A Review of Recent Research Corporation for National and Community Service, May 7, 2007